



**Family First Prevention Services Program  
Evidence-Based Practice Unit of Service**



**Overview & Purpose:** This document is intended to support county fiscal teams in establishing units of service for billing Evidence-Based Practices (EBPs) as part of prevention service delivery and establishing rates<sup>1</sup> in alignment with units of service. Units of service will be a required data entry field in the Child Welfare System-California Automated Response and Engagement System (CWS-CARES).

<b>EBP</b>	<b>Possible Unit of Service &amp; Admin</b>	<b>DHCS Unit of Service</b>	<b>Justification</b>	<b>Other Suggested Considerations / Parameters</b>
<b>Healthy Families America (HFA)</b>	1 month	N/A	Providers currently track on a monthly basis and creates feasibility in reporting units and rates in CARES	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or purveyor
<b>Parents as Teachers (PAT)</b>	1 month	N/A		
<b>Multisystemic Therapy (MST)</b>	1 month	1 month	Consistent with Medi-Cal billing unit of service and creates feasibility in reporting units and rates in CARES	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or purveyor  The potential to bill for FFPS administrative costs to claim Title IV-E match in addition/separate from Medi-Cal billing. This applies to all models that would be billed under Medi-Cal.
<b>Functional Family Therapy (FFT)</b>	1 month	1 month		
<b>Parent-Child Interaction Therapy (PCIT)</b>	1 month	1 month		
<b>Homebuilders</b>	1 month	1 month		
<b>Brief Strategic Family Therapy (BSFT)</b>	1 month	1 month		
<b>Nurse Family Partnership (NFP)</b>	1 month	1 month		
<b>Family Check-Up (FCU)</b>	1 month	1 month		
<b>Motivational Interviewing (MI)</b> <i>(Cross-Cutting Case Management &amp; Substance Use Treatment)</i>	1 hour	N/A	Consistent with delivery of Motivational Interviewing in practice.	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or program developer.

<sup>1</sup> Statewide standardized rates will not be set for EBPs administered within the FFPS Program. Counties, Tribes, and providers will need to negotiate EBP rates as part of their contracting process.