



**Family First Prevention Services Program
Evidence-Based Practice Unit of Service**



Overview & Purpose: This document is intended to support county fiscal teams in establishing units of service for billing Evidence-Based Practices (EBPs) as part of prevention service delivery and establishing rates¹ in alignment with units of service. Units of service will be a required data entry field in the Child Welfare System-California Automated Response and Engagement System (CWS-CARES). Where it is indicated below, 1 month unit of service allows for bundling with administrative costs such as those listed in the [FFPS Administrative Activity Considerations](#) document.

EBP	Unit of Service & Admin	DHCS Unit of Service	Justification	Other Suggested Considerations / Parameters
Healthy Families America (HFA)	1 month	N/A	Providers currently track on a monthly basis and creates feasibility in reporting units and rates in CARES	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or purveyor
Parents as Teachers (PAT)	1 month	N/A		
Multisystemic Therapy (MST)	1 month	1 month	Consistent with Medi-Cal billing unit of service and creates feasibility in reporting units and rates in CARES	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or purveyor The potential to bill for FFPS administrative costs to claim Title IV-E in addition/separate from Medi-Cal billing. This applies to all models that would be billed under Medi-Cal.
Functional Family Therapy (FFT)	1 month	1 month		
Parent-Child Interaction Therapy (PCIT)	1 month	1 month		
Homebuilders	1 month	1 month		
Brief Strategic Family Therapy (BSFT)	1 month	1 month		
Nurse Family Partnership (NFP)	1 month	1 month		
Family Check-Up (FCU)	1 month	1 month		
Motivational Interviewing (MI) Cross-Cutting Case Management <i>(when delivered as a standalone Title IV-E eligible EBP)</i>	1 month	N/A	The units of service are in alignment with guidance and the information in the MI Fiscal Fact Sheet.	Must meet model fidelity requirements, including any state requirements/guidance issued and/or any changes developed by the state and/or program developer.
Motivational Interviewing (MI) Cross-Cutting Management & Substance Use Treatment <i>(when delivered separate² and apart from another Title IV-E EBP)</i>	1 hour	N/A	The units of service are in alignment with guidance and the information in the MI Fiscal Fact Sheet. Using a 1-hour unit of service in this case helps avoid duplicate claiming.	

¹ Statewide standardized rates will not be set for EBPs administered within the FFPS Program. Counties, Tribes, and providers will need to negotiate EBP rates as part of their contracting process.

² When MI for Cross-Cutting Case Management and/or Substance Use Treatment and used as a discrete intervention alongside other EBPs, it must be clearly documented and distinct from any other Title IV-E eligible EBPs (e.g., HFA, PAT, etc.) to avoid duplicate claiming.